GREEK SALAD WITH CHICKEN

Nutrition Facts

Serving Size 1 Container (383g)
Servings Per Container 1

Amount Per Serving	
Calories 420	Calories from Fat 260
	% Daily Value*
Total Fat 31g	48%
Saturated Fat 5g	25%
Trans Fat 0g	
Cholesterol 55mg	18%
Sodium 1370mg	57%
Total Carbohydrate 13g	4%
Dietary Fiber 3g	12%
Sugars 5g	
Protein 23g	
Vitamin A 260%	• Vitamin C 20%
Calcium 15%	• Iron 10%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

INGREDIENTS: LETTUCE, GRILLED WHITE CHICKEN (GRILLED CHICKEN BREAST WITH RIB MEAT, WATER, CANOLA OIL AND EXTRA VIRGIN OLIVE OIL BLEND, LEMON JUICE, SODIUM TRIPOLYPHOSPHATE, SALT), FETA CHEESE (PASTEURIZED MILK, SALT, CHEESE CULTURES, ENZYMES), VINAIGRETTE DRESSING (WATER, CANOLA OIL, RED WINE VINEGAR, OLIVE OIL, SUGAR, SALT, SPICES, DRIED GARLIC, DRIED BELL PEPPER, XANTHAN GUM), KALAMATA PITTED OLIVES (KALAMATA OLIVES, WATER, SALT, DISTILLED VINEGAR AND SPICES), CUCUMBER, TOMATOES

CONTAINS MILK
MAY CONTAIN PITS

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TUSCAN STYLE CAESAR SALAD WITH GRILLED CHICKEN

Nutrition Facts

Serving Size 1 Container (318g)
Servings Per Container 1

Amount Per Serving	
Calories 580	Calories from Fat 360
	% Daily Value*
Total Fat 40g	62%
Saturated Fat 7g	35%
Trans Fat 0g	
Cholesterol 70mg	23%
Sodium 1190mg	50%
Total Carbohydrate 26g	9%
Dietary Fiber 4g	16%
Sugars 3g	
Protein 29g	
Vitamin A 250%	• Vitamin C 15%
Calcium 40%	• Iron 20%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

INGREDIENTS: Lettuce, Pesto Chicken (Grilled White Chicken [Grilled Chicken Breast With Rib Meat, Water, Canola Oil And Extra Virgin Olive Oil Blend, Lemon Juice, Sodium Tripolyphosphate, Salt], Basil Pesto [Basil, Canola Oil, Water, Parmesan Cheese (Pasteurized Part-Skim Cows' Milk, Cheese Culture, Salt, Enzymes), Granulated Garlic, Salt]), Caesar Dressing (Canola Oil, Water, Parmesan Cheese [Part Skim Milk, Culture, Salt, Enzymes], Egg Yolk, Dijon Mustard [Distilled Vinegar, Water, Mustard Seed, Salt, White Wine, Citric Acid, Turmeric, Tartaric Acid, Spices], Distilled Vinegar, Dried Garlic, Salt, Lemon Juice Concentrate, Sugar, Anchovies, Spice, Xanthan Gum, Mustard Flour, Maltodextrin, Anchovy Extract), Seasoned Croutons (Enriched Wheat Flour [Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acod], Canola And/Or Olive Oil, Salt, Sugar, Rye Meal, Wheat Bran, Yeast, Caramel Color, Dehydrated Garlic, Corn Meal, Spices, Caraway Seeds, Natural Butter Flavor (A Milk Ingredient), Citric Acid, Ascorbic Acid, BHT Added to Maintain Freshness), Parmesan Cheese (Pasteurized Part Skim Milk, Cheese Culture, Salt, Enzymes, Flow Agent: Cellulose Powder Added To Prevent Caking).

CONTAINS EGG, FISH [ANCHOVY], MILK, WHEAT.

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